



BIRTHDAY PARTIES AT ASTRO

Come and celebrate your special day with a soft play or gymnastics party at Astro! See below for the type of party to suit your needs. All parties consist of 45 minutes in the gym area with qualified and PVG checked Astro staff followed by 45 minutes in the party room where there is space for parents to organise food and birthday cake and run party games. The cost of the party will also include a T-shirt for the birthday boy/girl. Parties are held on Sundays only

Soft play and bouncy castle party age 1 - 7 years (children under 3 must be supervised by an adult)

Children will have access to the bouncy castle and soft equipment for 45minutes.

Cost - Up to 20 children £120. 20-30 children £150

Gymnastics party age 3-7 years

Children will have access to the tumble tracks, trampette and junior gymnastics apparatus as requested. Bouncy castle can be added in on request.

Cost - Up to 20 children £160. 20-30 children £190

Gymnastics Party age 8+ years

Children will have access to the tumble tracks, trampette and other gymnastics apparatus as requested. Bouncy castle can be added in on request.

Cost - Up to 20 children £160. 20-30 children £190

A 50% deposit is due on booking and the balance is due on the day.

Cancellation Policy:

Up to 14 days prior to booking - full refund

Less than 14 days - 50% refund

WWW.ASTROGYMNASTICS.CO.UK

5 Hutton Square, Brucefield Industrial Estate, LIVINGSTON, WEST LOTHIAN EH54 9DJ

01506 410945 info@astrogymnastics.co.uk

Limited Company Registered in Scotland: SC425268

Scottish Charity Number: SCO43346



PARTY GUIDELINES

To make your party at Astro as safe and enjoyable as possible for your guests and to comply with our Health & Safety policies we ask you to read the points below and bear them in mind while making your plans for the day.

- Astro staff will give a safety briefing prior to the start of the party. As party organiser we ask you assist us in ensuring the safety rules are adhered to for both children and adults.
- Adults are allowed in the gym hall but under no circumstances are adults allowed on any gymnastics equipment. Adults must be aware that Astro Gymnastics is a working gymnastics environment with uneven floor surfaces in some areas and equipment at floor level which may cause trip hazards.
- All children under the age of 3 years must have an adult supervising
- **Please arrive no more than 20 minutes prior to the start of your booking. You will then have a further 15 minutes to clear up from your party.**
- Refreshments during the gym hall session are the responsibility of the party organiser, a table can be set up for this and tap water is available. No food is allowed in the gym hall area.
- Age Groups - If the children invited to the party are spread over the age guidelines above, please contact us and we will advise the best party to book.
- Gymnastics Hall – Astro staff will supervise the party and enforce any safety rules. Children should wear suitable clothing - t-shirt with leggings or shorts (or leotard and shorts). No dresses or jeans. Long hair must be tied back and all jewellery removed, including earrings. We can provide music play lists or you can bring your own. children should use the toilets in the main hall to avoid coming out to reception.
- Party Room - Following your time in the gym you will have 45 minutes in the party room where you are free to bring food, drinks, cake and can play games. The room will be set up for you with the requested number of seats around tables and you are welcome to decorate the room with balloons and banners. It is appreciated that you clear up the space afterwards and bag up any rubbish, ready for the next party to arrive. Parties must be finished and cleared up 15 minutes after your finish time. For lighting and blowing out birthday cake candles, please exercise all due caution, our staff will advise or assist if you wish. Please ensure you bring means to light the candles safely.
- We will issue you with a blank register to log party attendees, please take an emergency contact number and ensure all children are dismissed safely. This list should be handed to your party staff before entering the hall in case of an emergency evacuation.
- Safety information MUST be circulated to all attendees prior to the day. The easiest way of doing this is to use our print at home invitations.

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BOUNCY CASTLE RULES

Please help us ensure Health & Safety Guidelines are adhered to at parties

- Maximum number of users at one time for the bouncy castle is: 15 children under 8 or 10 children aged between 8-adult, the lower ratio will be adhered to if mixed ages.
- All users must remove their footwear (except socks), and any other hard, sharp or dangerous objects from the person such as buckles, pens, purses, heavy watches, loose necklaces, heavy jewellery etc. Glasses are also best removed if safe to do so.
- Users are to refrain from bouncing on the step/apron. The step is to assist users in getting on and off.
- Users are not allowed to climb or hang on to the walls of the Bouncy Castle.
- Astro Gymnastics staff will take action at the first sign of any misbehaviour, keeping an eye on the safety and wellbeing of all users.
- Access behind the Bouncy Castle is NOT allowed.
- Rough horseplay is NOT allowed.
- Somersaults, back flips and other acrobatics are NOT allowed.

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BIRTHDAY PARTY BOOKING FORM

Please contact reception to check availability

PARTY DATE:..... PARTY TIME:

Party Type:

Bouncy Castle/Soft Play Gymnastics Party age 3-7 Gymnastics Party age 8+

Special equipment requests:

.....

Parent Name: Contact Number:.....

Email Address:

Birthday Childs Name: Age: Astro Member? Yes/no

Number of children attending: (please confirm 2 weeks before date of party)

T-shirt size: 3-4 5-6 7-8 9-11 12-13 small adult medium adult

Signature of acceptance of Astro Gymnastics Party Guidelines and Bouncy Castle Rules:

Name:

Signature:

Date:.....

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Party Date: Party Time:

	Childs Name	Emergency Contact name	Emergency contact Number	IN	OUT
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YOU ARE INVITED TO

GYMNASTICS BIRTHDAY PARTY
At Astro Gymnastics

Date:

Time:

RSVP:

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Guidelines for enjoying parties here at Astro Gymnastics:

- All children under the age of 3 must be supervised by an adult
- Astro staff will give a safety briefing prior to the start of the party. Please listen carefully to safety instructions with regards to gymnastics equipment and the bouncy castle. Equipment must only be used as instructed.
- Adults are allowed in the gym hall but under no circumstances are adults allowed on any gymnastics equipment. Adults must be aware that Astro Gymnastics is a working gymnastics environment with uneven floor surfaces in some areas and equipment at floor level which may cause trip hazards.
- No somersaults are allowed on the bouncy castle.
- No rough play is allowed.
- Children should wear suitable clothing:
 - Comfortable t-shirt with tracksuit bottoms, leggings or shorts
 - OR leotard and shorts/leggings
 - No dresses or jeans as these are hard to move in
 - Bare feet
 - Long hair tied up
 - Jewellery, including earrings, removed or covered.
- Our address and postcode are below, if your satnav takes you to the back of the building there is a sign with instructions of how to get to the entrance. If you get lost give us a call on the number below.



HAVE FUN AND ENJOY THE PARTY!